

# Virtual Region of Overeaters Anonymous



Virtual  
Training

<https://oavirtualregion.org>

*... for this I am responsible...*

With so many face to face meeting locations closed, we need to connect in other new ways. Everyone can understand the how-to of virtual meetings.

If you want to host or start a virtual meeting, hybrid meeting —Learn:

- 1) How to start a Phone Meeting and operate the dash board.
- 2) How to set up Zoom Meeting and workshop & run the dashboard.

Saturday, MARCH 21 at 1:00 - 2:30 pm EDT

or

Sunday, MARCH 22 at 9:30 - 11 am EDT

## I N S T R U C T I O N S

ZOOM login: <https://zoom.us/j/557696207>

One tap mobile: **+17207072699 557696207#**

**US -or- +16465588656 557696207# US (NY)**

PHONE: **+1 720 707 2699 US -or- +1 646 558 8656 US (NY)**

Phone Meeting ID: **557 696 207**