

Triangle Intergroup Minutes



October 19, 2019

In Attendance: Mike (Chair, Web committee), Sid (Vice Chair), Clare (SOAR, Rep. Durham Sun. 10:30am & Wed. 7pm), Mary Anne (Secretary), Karen (Treasurer), Neill (SOAR), Cory (WSO), Allie (PI/PO), Suz (Rep. Hillsborough Wed. 6pm), Judy (Rep Raleigh Th 7:30pm), Anne (Newsletter Editor, Rep. Chapel Hill Th 7:00pm), Margaret (Rep. Wilmington meetings), Judy (Co-rep, Apex Th 7pm), Valerie (Rep. Durham Mon. 7pm)

MINUTES FROM SEPTEMBER: Approved as submitted

TREASURER'S REPORT: Approved as submitted.

The treasurer will provide the annual report at the Nov. meeting as called for in the bylaws. Lawyers have been in touch because someone left money for "Raleigh OA" in a will. It is not yet clear whether the Triangle Intergroup will be the recipients of this bequest, and we do not know the amount involved. Karen will check with OA about the guidelines for receiving such bequests.

STANDING COMMITTEE REPORTS

WSO (Cory): New information for next year's WSBC is now on the website. A new pamphlet, *Welcome Back: Suggestions for Members in Relapse and for Those Who Care*, is now available. Cost is \$1. IDEA Day (*International Day Experiencing Abstinence*) is celebrated the third weekend in November. This coincides with our 12th Step Within Serenity Day (see below). December 2019 is the last month to subscribe to Lifeline.

SOAR (Neill & Clare): Highlights below; detailed reports from both reps have been circulated by the webmaster and are (or will be) posted on the TriangleOA.org website.

- Next two Assemblies in Baton Rouge and Nashville, respectively; biannual recovery convention August 20-22, 2020, in Orlando. Registration for hotel starts January 1 and rooms fill very quickly.
- SOAR is seeking young people to provide short podcasts for the SOAR website
- Neill was elected to chair the SOAR 12th Step Within committee and now holds that position at WSO, SOAR, and Triangle IG!
- SOAR treasurer unchanged, continue to send contributions to the same address
- SOAR is seeking Intergroups to sponsor other intergroups to help them get stronger.

High Tech (Judy): Judy, from Apex, was elected to fill the position through the end of this calendar year. The chair is aware that Yahoo is not accepting email from the list serve. A solution to the problem is being sought.

Group Outreach (vacant): No report

Newsletter (Anne L): The November newsletter may not have gone out to electronic subscribers. Group volunteers are needed to write for March and later. The speaker/sponsor list is badly out of date. The newsletter is not a viable way to list sponsors: availability changes rapidly, and many sponsors are unwilling to put their phone

number in the newsletter. Suz volunteered to call people on the list to see if they are still available as speakers and Anne will put an announcement in the next newsletter asking for people not currently on the speakers' list who want to be added.

PI/PO (Allie): Allie is still sending material out. If you have health providers who would benefit from the new professional pamphlet *When to Recommend OA* (designed for all professionals), please let her know.

AD HOC COMMITTEE REPORTS

12th Step Within (Neill): The Hope for the Holidays Serenity Day is November 16 at Mt. Bethel Presbyterian Church in Durham. Registration begins at 12:30, sessions from 1 to 5. Fliers were distributed.

2020 NC State Convention (Sid): Eventbrite is being set up for early registration. Please register early to help cover expenses.

Retreat (vacant): No report.

Audio Library (Nancy): The library has been reduced from a rolling suitcase to a small tote bag by removing superfluous accessories. It continues to circulate among the meetings. Suz took it for the next month at least.

OLD AND NEW BUSINESS:

December meeting: The December meeting will be held on the 2nd Saturday (December 14) to avoid conflicts with holiday travel for many of the reps. This means that the January newsletter articles will need to be in a week early. This will be the meeting to elect new service positions.

Virtual attendance: One member attended virtually. It was voted to buy a bluetooth speaker to improve sound for people in the room to hear the virtual attendees. High Tech will keep the speaker between meetings for at least this calendar year.

New tool recommendation: We may not propose "Play" or "Fun" as a new tool, but we will continue to discuss at IG how we can better cultivate the idea in all of our meetings that, while recovery is serious, we are meant to be "Happy, joyous, and free," and that planning healthy ways to have fun is part of our recovery.

Sponsoring another intergroup: The secretary will research to see what would be involved if we were to vote to respond to SOAR's request to sponsor another intergroup.

Retreat 2020: Leaders of the Piedmont Intergroup retreat committee invited us to co-sponsor next fall's retreat, which would include reserving a larger block of rooms. The secretary will follow up with their chair to find out how many additional rooms would be available before we take up this business.

Next Intergroup meeting: Saturday, November 16, 2019