

Triangle OA Intergroup 12th Step Within Committee invites you to join us for some serenity, experience, strength and hope as we welcome the fall!

 **OVEREATERS
ANONYMOUS®**
TRIANGLE INTERGROUP



Falling Into Step

**“I am journeying to recovery
with OA’s Twelve Steps.”**

Voices of Recovery, Jan. 2

Workshop details...

Saturday, Sept. 23, 2023

1:00 PM – 3:00 PM EST

Other time zones: 12-2 CST; 11-1 MST; 10-12 PST

Zoom details:

Meeting ID: 854 2725 4855

The meeting host will admit fellows to the workshop!

Suggested 7th Tradition donation of \$5.

Activities include:

- Three speakers sharing their experience, strength, and hope
- Reflection time (we invite you to bring a journal)
- Movement
- Music and fun
- Question/answer and sharing time

For questions, please email: 12stepwithin@triangleoa.org

OA Responsibility Pledge. Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.