

Walking the Pathway of Connection to My Higher Power



Workshop details...

Saturday, May 18, 2024

1:30 PM – 4:00 PM EST

Millbrook Baptist Church

Labyrinth & Prayer Garden

1519 E. Millbrook Rd

Raleigh, NC 27609

Suggested 7th Tradition donation of \$5.

If it's raining, we will meet in the fellowship hall.

Activities include:

- Speaker sharing their experience, strength, and hope
- Movement meditation
- Labyrinth meditation
- Garden meditation
- Art meditation

Things to bring:

- Water bottle
- Sunscreen
- Comfy clothes
- Journal
- Folding chair/blanket

For questions, please email: 12stepwithin@triangleoa.org

**OA Responsibility Pledge. Always to extend the hand and heart
of OA to all who share my compulsion; for this I am responsible.**